BAR HILL NEWS

April 2017; Issue 580

Bar Hill 50th Anniversary Fête

We need volunteers:

— 2-hour slots from 1100–midnight.
— Times available all day.

To volunteer, contact
volunteers@barhillvillagefete.org

1st July 2017

For more information, or to see what's already arranged, go to the website:
http://blog.barhillvillagefete.org
and keep an eye on the Bar Hill News.

Ollie King
in concert
at Bar Hill Church
Wednesday 19th April at 7.30pm
Tickets £7 each
available from Sue: 01954 780260, Malcolm: 01954 488657
or: office@barhillchurch.org.uk.
Your chance to see and hear Ollie, who grew up here and went to Bar Hill School.
He is a very talented Folk Musician who is about to release his second album.
He is highly commended by the National Folk music scene.
This is something different and unmissable.

— CAMBRIDGE FOOD MARKET FESTIVAL —
29th April from 11am–5pm in Bar Hill Village Hall
Tickets: £5 per person which includes a raffle.
Free for Children.
• Fried Sausage, Fried Dough • Hungary Cake, Chimney Cake • Smoked Products • Tattooing, Ear-piercing • Homemade Soap • Accounting, Tax Advisory • Homemade, Artisan goods from the Carpathian Basin • Unique hand-carved Candles • • Face Painting • Puppet Theatre • Bouncy Castle •
For more information, call Bernadett on 07850 675076, or e-mail berniebookkeepingservice@hotmail.com

Bar Hill Church Art Group
An Exhibition of Paintings and Drawings
by our local artists
Saturday 6th May 10am–5pm in Bar Hill Church
Please come and see our work, with an opportunity to buy original pieces.
— Entry is Free —
(Please note this is in the Main Church, not the same building as the Community Market.)

Bar Hill PTA Jubilee Ball

Saturday 13th May 2017
Bar Hill School – doors open at 7pm
Live music from Full Circle
Photobooth, Games, Hog Roast
and Arrival Bubbles
Dress to impress – £25 per person
Tickets and more information available from the School office, any PTA member or contact em.spenceley@hotmail.co.uk

— BAR HILL LIBRARY —
GOLDEN JUBILEE CELEBRATIONS
Throughout May the Library will be staging a display of old newspaper clippings and photos relating to the growth of the Village with special reference to the Library.
Special Library and Coffee Stop Jubilee Coffee Morning – Wednesday 24th May 10am–Midday
In addition to all our Regulars, we would like to extend an especially warm welcome to all Friends of the Library who have supported us over the years.
We hope that you will come along to this coffee morning and, as well as having a chat and refreshments, see how the funds that you have raised have been spent. This will also give us the opportunity to thank you personally.

BAR HILL
— VILLAGE WEBSITE —
www.barhill.org.uk
You can find updates on such matters as the A14 upgrade, Northstowe, Topland and the environment on the Bar Hill Village website, along with lots of other information.
If you wish to put an item on the website, get in touch with the webmaster by either following the links on the website, or e-mail: barhill@machineconcepts.co.uk
Your Bar Hill News is also available, without advertising pages, about 10 days before the paper copy is delivered.

— COMPUTER BUDDYING —
from 2–4pm on Tuesdays at Bar Hill Library.
Free help with computers and basic IT skills aimed at beginners over 50yrs. Booking required.

Deadline for April's edition: 15th April to bhneditor@yahoo.com *or see page 2 for other contacts.*

— BAR HILL RESIDENTS' ASSOCIATION —

2016–17 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The objectives of the association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list.
To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm – 9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm – 6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell after the first time.] All items can be submitted electronically on disk or to bhneditor@yahoo.com *[a Word file is best, please]* or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: **01954 780442**
www.mhmaple.co.uk

Out of Hours Emergencies call **111**
(Cambridgeshire and Peterborough 111 Service)

Surgery Opening times:
Monday to Friday 8.15am – 6.30pm
On the day appointments: bookable by phone at ***8.30am*** for the ***mornings*** and at ***1.30pm*** for ***afternoons.***

Midwife	Thursday	9.30am–12.30pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon *and* 1.00–4.00pm
Orthoptist	2nd Tues/month	9.00am–12.30pm
Cambs Hearing Help	4th Tues/month	9.30–11.30am
Health Visitors *(based at Longstanton)*:		01954 207612
Well Child Clinics:	3rd Tues/month	1.00–2.30pm

at the Children's Centre, Bar Hill *(next to Primary School).*

— BAR HILL HEALTH WALKS —

Free every Wednesday morning
Meet at Maple Surgery at 10.30am

Our walks are all weather *(in case of rain you will find us under the Church porch)*, free, and accessible to all, particularly those who are currently inactive.
Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.
We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.
If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.
Contact: **Josephine Powell** T: 07901 558108; E: jopowell45@hotmail.com or **Patricia Daniels** T: 07917 874402; E: danielsoohn@btinternet.com.

— WANTED —

Reception Class at Bar Hill School would be grateful for any **children's dressing, up clothes which are out of favour or grown out of.** Please contact Jo Hall, 11 Almond Grove; T: 01954 780304 or E: roger.hall90@ntlworld.com

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is to *Learn IT* with *Laura*. Professional and personal support and training in your home.
T: 07889 261282; E: info@learnitwithlaura.co.uk
W: www.learnitwithlaura.co.uk

— NWR —
CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.

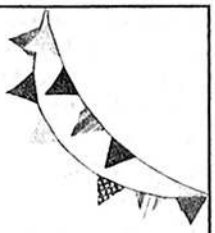
13th April **Planning meeting** – Hot Cross Buns and chocolate to nibble on

27th April **The power is in your hands!** – If you were an MP for the day what law would you like to see passed or cancelled and why?

11th May **Speaker** – talk from a Cambridge Blue Badge Guide

The Bar Hill NWR group meets informally in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £20.00 and just £1 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-The Last on 01954 780329 or Jackie Jackson on 01954 781613.
NWR can also be found on www.nwr.org.uk.
Why not have a look!

BAR HILL COMMUNITY MARKET



Saturday 1st April
Saturday 6th May
Saturday 3rd June
10.30am–2pm
In the Octagon CB23 8EH

— Entry is Free —

All profits go to community/charity projects.
Refreshments with **Soup & Bread** from 12 noon *(April)*;
Cream Teas *(May & June)*;
also **BBQ** (weather permitting).
If you wish to be part of the market please contact Karen Austen **01954 781085**.
e-mail: bar.hill.community.market@gmail.com
Facebook: Bar Hill Community Market

— 8 O'CLOCK CLUB —

We are a women's group that meets on the first Thursday of the month in the lounge at the school. We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal.

6th April – No meeting – school closed
4th May – Growing up in the 1940's/1950's
1st June – Garden party – *members only*

If you would like further information please phone **Barbara** on **01954 204171**, **Adela** on **01954 204265**, **Ann** on **01954 204687**, or come along to one of our meetings. We'd be very pleased to meet you.

S. DYE For all your Painting & Decorating needs. Please call 07806 629972 or 01954 230484

— HAPPY HOURS —

Our Club meets most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm, with coffee, tea and light lunches. Our Winter lunch time menu consists of soup and a roll or baked potato with butter (at £1.50 each) or filled baked potatoes *(cheese, tuna mayo or baked beans)* or a ploughman's lunch (at £2 each).
Our aim is to provide friendship and companionship, so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.
Over the last few weeks we have enjoyed the 'Pancake' games, an old time sing-a-long and a cheese and wine tasting.

Only two meetings in April:

3rd: Holiday@Home – NO Happy Hours
10th: Easter Arts and Crafts
17th: Easter Monday – NO Happy Hours
24th: 'Best of English'
1st May: Spring Bank Holiday – NO Happy Hours

***Anne Plumb*, 01954 780364**

Robert N. Test, an American Poet, was a pioneer in promoting organ and tissue donation. In 1976, he wrote:

— TO REMEMBER ME —

Give my sight to the man who has never seen a sunrise, a baby's face, or love in the eyes of a woman.
Give my heart to a person whose own heart has caused nothing but endless days of pain.
Give my blood to the teenager who was pulled from the wreckage of his car, so that he might live to see his grandchildren play.
Give my kidneys to one who depends on a machine to exist from week to week.
Take my bones, every muscle, every fibre and nerve in my body and find a way to make a crippled child walk.
If you must bury something, let it be my faults, my weaknesses, and all prejudice against my fellow man.
Give my sins to the devil. Give my soul to God.
If, by chance, you wish to remember me, do it with a kind deed or word to someone who needs you.
If you do all I have asked, I will live forever.

— HEALTH AND WELLBEING CLUB —

Normally held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on all aspects of promoting and maintaining good health in every area.
We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as opticians, Nutricentre, which can include samples of healthy food and demonstrations.
This is a unique and friendly group and is an ideal place to meet new people. Next meeting: **10th April**.
For further information, contact **Wendy Arrowsmith** on **01954 781381** or **Sue Kenchington** on **01954 780260**.

— BAR HILL BOOK CLUB —

Our next meeting is on **Tuesday 25th April at 7pm** in the **Fox, Bar Hill**.
Our friendly group offers a lovely welcome, good company and great book choices.
Contact: sheilafarrar@hotmail.co.uk or 07920 558319.

— LETTERS —

Dear Editor

Village parking problems

I am aware from the many e-mails officers receive, and from Neighbourhood Panel meetings, that parking is a constant concern for residents in villages across South Cambridgeshire.

Unfortunately I cannot prioritise parking patrols over investigating and preventing crime and responding to calls for service, which means officers might not do as much parking enforcement as many would like.

I have been giving some thought to how we can meet your expectations on parking enforcement and have decided that we are going to try something new. I have set up an online webpage: http://tinyurl.com/SouthCambs-Parking where you can report concerns about parking. The information will come directly to me and help build a picture of exact hotspots. I will use this information on targeted 'crackdown' days, as there is good evidence that crackdowns work in other areas of policing. Obviously I will not be publicising dates in advance, but updates will be available via e-cops, Twitter and Facebook once we have completed a crackdown day. The web page is already live.

I am not pretending this will solve all parking problems, but I think it strikes the right balance between parking concerns and other important work we do.

Recent media coverage about policing in villages

Some of you may have seen recent media regarding policing of villages. I would like to emphasise that we do prioritise this but what I do ask is that my officers prioritise the 'hottest' areas within our villages. This means that certain areas in some villages get more attention than those with very low crime. I believe this is a sensible approach. The main benefit of our local policing structure is that you have dedicated local resources that are responsible for policing South Cambs rather than the City.

I have put time and effort over the last three years into crime prevention events in villages (Op Oaklands and, more recently, Op Hunter). We work hard to give you the best, most intelligent policing service we can.

If you have any concerns please do get in touch, or come to our next round of neighbourhood panel meetings where you can join in the discussion.

Chief Inspector James Sutherland
Area Commander – South Cambs

Dear Editor

I would like to thank all who helped to make HRH the Duke of Gloucester's visit a very memorable event. This was the first visit to Bar Hill by a member of the Royal Family and I am sure that most residents will join me in hoping that it will not be fifty years before the next. I have received letters from HM Lord Lieutenant for Cambridgeshire and the Duke's Acting Private Secretary thanking me for organising the visit (with others).

I have still copies available of my history of the village – **Bar Hill, A Social History, 1949–2004** – available at £10. Although it will take perhaps a year to complete, I have now started preparing a second edition, having come across a Ph.D. thesis and various letters and documents containing new information. If enough are received, it may be possible to publish a companion book of photographs in the future.

Regards, *Roger Hall*

Dear Editor

Firstly, I'd like to thank Nicola Webb for her letter of support for the skate park in the February issue and Sharon Harrower's letter in March. Since my letter (BHN December 2016), I have exchanged a number of letters with the Parish Council and attended a few meetings regarding this matter.

I wrote another letter which I submitted for publication in the March issue of the BHN. However, it was not published.

I would like to think as a resident of Bar Hill, that there is in the spirit of openness, mutual respect and accountability a two-way communication between ourselves and the Parish Council. I feel that the Bar Hill News is a vehicle for this kind of communication and felt it would be useful to use it as a forum for the gathering of information and yes, the exchange of views on community issues, such as the re-instating of the skate park. Whilst I acknowledge this may have meant that the discussion might be lively and indeed flavoursome at times, it would prove to be a good way to at least get some clarity on the situation, instead of the confusion and apathy that has existed during the last three years.

I'm sorry to say that in my experience this is not the case, I feel that any questioning or request for information from the Parish Council is dealt with in a reluctant and guarded manner; please don't get me wrong, some information has indeed been given to me, but much has not been relevant and/or detailed in the way that I'd requested. A shame in an open and transparent community like ours.

I acknowledge not everyone is interested in this issue and I respect that, however I feel that this is a matter of principle that affects all of us that live in Bar Hill. Please ask yourself, if you had any issues or concerns about our village, where would you go, who would you speak to? How would you like to be treated and have your concerns handled? I know how I would like to be treated and sadly BHN and the Parish Council haven't done that.

G Caswell, Field View

Dear Editor

I would like to address the comments from Sue Harrower about the skate park.

I stand by what I said as to why the skate park was cleared: because the Parish Council had no option after advice received from the relevant authorities about the damage to the ramps. As she doesn't know me from Adam, how can she claim that I have a negative opinion about the 'yoof' of the village? Such a personal comment highlights the shallowness of her argument.

Oh, and by the way more vandalism has happened at the defunct and closed skate park. The lights were disconnected but person or persons unknown have tampered with the control box and reconnected them. This will cost the Council Tax payers of Bar Hill more money to be disconnected and made so they cannot be tampered with again.

John Doland, Hanover Close

These are stated as Mr Doland's personal views, not as a member of the Parish Council.

HIGHWAYS ENGLAND
— A14 CAMBRIDGE TO HUNTINGDON —

Keep in touch – T: 0300 123 5000;
E: A14CambridgeHuntingdon@highwaysengland.co.uk;
W: www.highways.gov.uk/A14C2H

— BAR HILL PARISH COUNCIL —

Sue Bell, Parish Clerk: **01954 780456** e-mail: bhillpc-1@btconnect.com. Please note that the office is open to residents between **9am–11am Monday, Tuesday** and **Wednesday.** Visit our website: www.barhill.org.uk for updates on local matters.

Connections Youth Bus, Nr The Library, Bar Hill. The Council is endeavouring to organise for the Youth Bus to come to Bar Hill for a trial period (Easter–Summer). **Youngsters** – we need to gauge support. Please contact the Parish Council Office on 01954 780456 (answerphone) leaving name, age and tel n°.

The **annual clearance of vegetation** on the **Hollytrees stream** (Dam Brook) has been completed including cutting back of trees/shrubs. The Council is currently working with specialists to plan and undertake works to stabilise the banks and help improve control over any future flooding risks.

The Council is pleased to see that the County Council Highways department has been to the village and carried out **maintenance work on footways.** We are aware there are problems with some of the roads and hope this work is planned in the not too distant future!

Broadband in Bar Hill: not all properties in Bar Hill are included in the fibre roll-out. Visit: http://www.homeandwork.openreach.co.uk/OurNetwork/rural-broadband.aspx and http://www.homeandwork.openreach.co.uk. As more homes get connected, information will be published on their website and updated daily.

A14 Improvements: it was good to see the Highways England bus on the Tesco Car Park on 16 March where representatives were on hand to explain the scheme. The Council is aware that diversion signage is not adequate for cars and buses. Visit: http://roads.highways.gov.uk/projects/a14-cambridge-to-huntingdon/ and http://www.trafficengland.com/ for up-dates

The **Annual Parish Meeting** will take place on **11th May** at **7.30pm** in the Octagon. This meeting is open to Residents, with reports from the Parish Council and its Committees and working parties, and County and District Councillors. All village organisations and clubs are invited to give a report on their activities of the year. Your support is important – we want to hear your ideas and questions. Please do come along and support your community

The next full **Parish Council meeting** will be held on **Thursday 20th April** at **7pm** in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. Minutes of the previous month's meeting are on the village notice board. Items for the agenda must be placed with the Clerk at least seven days before.

Handy telephone numbers:

Streetlights: 0800 253529 – *give number of lamp post;*
Anglian Water: *(water supply and sewerage)*: **03457 145 145;**
South Cambs District Council: 03450 450500;
County Council: *(damaged paths and roads)*: **01223 717111;**
Abandoned Tesco trolleys: Trolley Wise: **0800 316 1241.**

HAIR2U
Professional Mobile Hairdressing covering Bar Hill and surrounding areas. Call Caroline: **07843 238718**

— NEIGHBOURHOOD WATCH —

Recent statistics show that a significant number of people fail to lock up securely when they go out. I hope this is not true of Bar Hill as it gives the opportunist burglar easy access to properties and causes grief, heartache and hassle for the victim. Let's not be negligent and make life easy for a potential burglar.

Even if you are not guilty of leaving your house doors and windows open for criminals, how about your computer, smart phone etc? **Are you leaving yourself exposed to cybercrime?** Whether we spend a lot of time online, or very little, if we underestimate the importance of cyber security, we can put ourselves at serious risk of financial loss, identity theft and fraud.

New statistics show that only 52% of us regularly download the latest software or app updates as soon as they are available. Following last month's article on the importance of creating strong passwords, this month's advice is INSTALL UPDATES! They are not just about aesthetics, they contain vital security updates which help protect your devices from hackers and viruses.

Secondly, BEWARE LINKS IN EMAILS.

While up-to-date virus protection is essential it will not always prevent your device from becoming infected. Never click on links or open attachments in unsolicited emails or SMS messages. Remember that fraudsters can 'spoof' an email address to make it look like one used by someone you trust. If you are unsure, check the email header to identify the true source of the message.

So don't neglect to secure your physical property and do keep your eyes open for suspicious activity in our village (and report it promptly), **but also,** share this cyber advice with your family and friends – they may not know the dangers and these safe practices or they may just be complacent. You could save them a lot of trouble and distress.

Pam Vendy, NHW Village Co-ordinator

DO YOU HAVE A DISABILITY?

Or perhaps you know or care for someone who does?
We might be able to help – for free!
Remap helps people of all ages with disabilities, to achieve greater independence and enjoy life more fully.
This little girl can now ride her bike as our volunteers make *one-off pieces of equipment such as the one in the photo.*
Find out more at www.remap.org.uk or call our Cambridge branch: **01954 780551** or **01223 570860.**
Registered Charity Number 113766.

THE ROYAL BRITISH LEGION, — BAR HILL BRANCH —

The Royal British Legion Bar Hill meets on the 4th Thursday of each month in the meeting room of the Octagon from 7.30pm.

We are a small friendly group of like-minded people.

You don't need to have an Armed Forces background to join, just share a common cause of supporting our Service Community, now and for the rest of their lives.

We would like to thank everyone who gave so generously of their time and donations and helped us to raise the grand sum of £18,707 for the Poppy Appeal. We would like to thank Tesco for the space to set up the table and also their cashier's department for helping to count the money.

— Bar Hill Church —

Bar Hill Church belongs to several denominations, including the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the Society of Friends. The Minister is **Charles Mather**, who may be contacted on charlesmather20@yahoo.com or tel: 01954 277119. The church website is at www.barhillchurch.org.uk; the Facebook page is at https://facebook.com/barhillchurch and our Twitter account is @BarHillChurch.

SERVICES FOR APRIL

Everyone is welcome to attend our services as follows:

Sun. 2nd **10.00am** Holy Communion (Anglican)
Sun. 9th *(Palm Sunday)* **10.00am** All-together Worship
Thur. 13th *(Maundy Thursday)* **7.30pm** Holy Communion
Fri. 14th *(Good Friday)* **10.00am** Good Friday Meditation
Sun. 16th *(Easter Day)* **6.00am** Sunrise Service *(venue tba)*
10.00am Holy Communion (Reformed)
Sun. 23rd **8.00am** Holy Communion
10.00am Morning Worship
6.30pm Reboot (Contemporary Worship)
Sun. 30th **10.00 am** Quaker Meeting

Totzone and Kidzone take place during 10am services except during the All Together Worship Services.
10am services are followed by tea/coffee, and there is a Traidcraft stall selling a range of fairly traded products.

PRAYER FOR STREETS

Each month we pray for people in our streets. During **April** we will be praying for **Appletrees** and **Brookdale**. If residents have a particular prayer request for themselves or their family they are welcome to e-mail **Ginny** on outreach@barhillchurch.org.uk

OLIVE TREE COFFEE MORNINGS

This is an oasis, a calm welcoming space and may be of help to those who have been challenged and broken by loss, loneliness, by bereavement or those finding life challenging.
Come for conversation or just enjoy the peace and quiet in a safe space. Refreshments will be available and also people who have been trained to listen.
The next Olive Tree Coffee mornings will be **Saturday 15th April** and **Saturday 20th May** at **10.30am.**

EVENT: Ollie King – Folk Musician
will be performing on **Wednesday 16th April** at **7.30pm** in the **Worship Hall.**
Tickets cost £7 available from office@barhillchurch.org.uk
This should be a good evening. **All Welcome.**

Traidcraft

Come and buy Fair Trade items from our Traidcraft stall each Sunday after the morning Service.

SEWING SERVICE

If you have a sewing job you don't fancy doing, call Lyn on **01954 201113.**

— GROUPS FOR ADULTS —

ART GROUP

Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome on Wednesday afternoons throughout the year from **1.30–4.00pm** in the Church.
Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started.
Contact **Jan Hewins** on **01954 201495.**

MUSIC GROUP

This group meets at 7.30pm most Friday evenings in the Church to practise the music for Sunday services. If you sing or play an instrument, you would be very welcome to join us. For further details, please contact **Bob Chappell** on education@barhillchurch.org.uk

COFFEE STOP

Every Wednesday from 10am–midday in the Bar Hill Library.

Coffee, tea and biscuits are served at a modest price.
A friendly meeting for all to chat with friends old and new.
Contact **Sue Kenchington** on **01954 780260.**

HOMEGROUPS

Would you like an opportunity to meet other Christians for Bible Study and Prayer? Our homegroups provide an informal but supportive environment. Our present theme is **"Matters of life and death".**
For more information contact **Bob Chappell:**
education@barhillchurch.org.uk

KNIT & NATTER

Thursday afternoons from **1.15–3.30pm** in the Octagon.

Everyone is very welcome, whether to knit, or just to chat and meet new friends.
Contact **Sue Kenchington** on **01954 780260.**

BRING YOUR OWN CRAFT GROUP

The craft group is open to anyone who enjoys or would like to start knitting, crochet, card-making or any other creative crafts. We meet in the Octagon from 2.15–4.45pm one Saturday each month for a couple of hours chatting, crafting and enjoying a chance to unwind. Please bring your own craft activity and materials – refreshments are provided.
Next meeting: **Saturday 22nd April.**
Contact **Wendy** on **01954 782041** for more details.

— THE ALLOTMENT SOCIETY —

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on **07788 590348.**
All other allotment matters should be addressed to: barhillallotment@gmail.com.

— Bar Hill Church —

HOLIDAY AT HOME

Tuesday 4th to Thursday 6th April

Island Hopping: A Journey through the Irish Sea

We are again running our "Holiday at Home" event in the church buildings and we would be glad to hear of any older residents in Bar Hill who would benefit from this virtual holiday.

The day starts at 9.30am and finishes at 3.30pm and is filled with activities, good food and entertainment.

We would like our usual valuable support from the congregation with cakes and puddings and constant support in prayer during the planning and during the event.

Please stop me or phone to ask any questions at any time.

Sue Kenchington 01954 780260

—CHILDREN & YOUNG PEOPLE —

CAFÉ CHURCH

On the first and third Sunday of each month the Children and Young People meet together in the Octagon for breakfast and worship and a learning activity

On the fourth and fifth Sunday of each month we have Kidzone with activities for Primary aged children.

Totzone (4 years old and under) meets each week in the Meetings Room during the morning service.

On the second Sunday all ages meet together in the Worship Centre for our All Together Worship service.

— YOUNG PEOPLE —

REBOOT

(4th Sunday of the month)

This informal evening service, held from 6.30–8.00pm, is for adults and young people. It begins with cake, biscuits and drinks and uses contemporary music and format.

— FAMILIES —

For pre-school and primary age children and their carers meets on the 3rd Wednesday of each month.

Join us for a Bible story and related craft activities followed by a simple meal. The next meeting will be on **19th April**. All are welcome. For more information, please contact Heather at cyp@barhillchurch.org.uk.

TEA TIME WORSHIP

For pre- and primary age children and their families.
A new fun and noisy service, with songs, stories, puppets, prayers and activities.
Sunday 2nd April from 5–6pm.
Bring a picnic to eat together afterwards.

FOR MORE INFORMATION about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill

Hills Road, Cambridge

Parish Priest: **Rt. Rev. Mgr Eugene Canon Harkness** Tel: 01223 350787

Local contact: **Bunty Waters** Tel: 01954 201421

Mon., Weds., Thurs., Friday 8am & 12.15pm

Tuesday 8am & 7.30pm

Saturday 6pm: First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and **6pm at The Octagon, Bar Hill.**

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

Home Visits

I am happy to bring communion to house bound Catholics. I also visit people at the end of their lives, of any religion or none, who would welcome support or are distressed spiritually.

Contact Jean: 07841 397338, Catholic Eucharistic Minister. Associate Member of the Hospice Chaplaincy Team.

HUNTS FORUM AND CAMBRIDGE CVS

(part of Support Cambridgeshire), is here to assist any voluntary, community or charitable organisation operating in Cambridgeshire. This help can be assistance with:

- finding funding;
- acting as a critical friend – looking through funding applications;
- advice and information, e.g. on DBS checks;
- setting up your group;
- networking events where you can meet other like-minded organisations;
- training on subjects such as Safeguarding or First Aid;
- the creation of your Policies and Procedures such as a Constitution.

If you would like some support please contact **Angela Haylock**, Development Officer: T: 01480 420604; M: 07809 214895. Hunts Forum of Voluntary Organisations, The Maple Centre, 6 Oak Drive, Huntingdon PE29 7HN. www.huntsforum.org.uk.

— BAR HILL VILLAGE HALL —

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Mon.	Helene Taylor-Todd School of Dance *(school term time only)*	4–6pm
Mon.	Craig Burns Bootcamp	6.15–7.15pm
Mon.	Martial Arts	7.30–9pm
Tues.	Shotokan Karate	6–8pm
Wed.	Helene Taylor-Todd School of Dance	4–6.45pm
Wed.	Danielle Fitness Classes Zumba & Pilates	7–9pm
Thur.	Pilates *(school term time only)*	10–11am
Thur.	Weightwatchers	7–7.50pm
Fri.	Baby Sensory	10.30–12.30pm
Fri.	Martial Arts	7.30–9pm
Sun.	Bingo *(doors open 7pm)* Cash prizes	7.30–9pm

If you wish to book any of these facilities, or get more information, please call **01954 782414** and leave a clear message. We'll call back within 24 hours (Monday to Friday); or e-mail barhill.villagehall@btconnect.com

— BOXFRESH FITNESS STUDIOS — DRY DRAYTON

This is a new and versatile group exercise studio designed and aimed at everyone who wants variety and motivation to keep on target to reach their end goal in regards to exercise and weight loss/control.

- There will be a kids area for parents who wish to work out but can't find the time due to having children.
- We'll cater for over the 50's with classes specifically designed with age and mobility in mind.
- We'll be hosting a number of classes for those that are pregnant or have just given birth and wish to return to exercise.
- We'll also cater for children, with a number of kids classes designed to encourage children to enjoy fitness and exercise.

Membership is just £35 per month for unlimited classes. Pay-as-you-go options are available: £6.50 for an hour class, £6 for 45 min and £5.50 for a half-hour class.

If you quote 'Bar Hill News' when you join you'll receive 10% off your first month's membership.

BOXFRESH FITNESS Studios is based at Unit 6, Scotland Farm, Dry Drayton CB23 8AT; e-mail: lisa@boxfreshfitness.com or call 07957 986725.

FOR SALE

Garden table and six chairs, with arms – £150.00
Measurements: length 4ft 10in; width 2ft 9in; height 2ft 4in.
Pictures can be sent. Call: 07734 690580

— COMBERTON RAMBLERS CLUB — FORMED IN JUNE 1974.

If you like walking and enjoy the countryside, Comberton Ramblers is the group for you. We walk an average of 5–6 miles every other Sunday. Our Spring 2017 programme starts on 8th January, so why not give us a try? You'll have the benefit of an exhilarating walk, plus the companionship of a group of like-minded people.

For more information contact Stella on T: 01954 210049; W: stella.ramblers@hotmail.com; or have a look at our website: www.combertonramblers.org.uk.

HALLMARK HOTEL—JOB VACANCIES

Join a great company with many benefits.

With the season fast approaching Hallmark Cambridge is looking to recruit the following:

- **Golf Bar Supervisor** – hourly paid, flexible working patterns. Mainly day shifts, midweek 0930–1500, weekends 0830–1800. Bar service and light meal preparation. £8.50 per hour.
- **Lunch Hosts** – working in our conference department or lounge serving light meals and refreshments. Flexible working. Typical shift: 0930–1430 Monday to Friday. NMW applies.
- **Bar Hosts** – we are looking to fill some set part-time shifts: 1800–2200. If you can commit to a minimum of two shifts per week, please get in touch. NMW applies.
- **Food & Beverage Hosts** – a range of shifts available from breakfast to dinner, to bars. Very flexible hours and full time contracts are available. NMW applies.
- **Sandwich/Lounge Menu preparation**: kitchen staff wanted. Shifts 0930–1430 & 1700–2100 over seven days. Set hours can be given, or flexible shifts. NMW applies.
- **Summer Hand** working within the golf and green keeping department. Must be green fingered and enjoy the outdoors. Contract March–October; hourly paid.
- **Room attendants** – flexible hours working mornings starting at 0800 or 0930, and evenings 1700–2100. Servicing bedrooms and maintaining public areas. NMW applies.
- **Receptionist** – flexible shifts – typically four or eight hours – working over seven days. Must be great at delivering first impressions and multi task calmly.

Previous experience preferred. Competitive rates of pay. Company benefits.

For more information please contact Emily Spenceley on 01954 249988, or e-mail your CV to: Cambridge.admin@hallmarkhotels.co.uk.

ENJOY ENHANCED COMMUNICATION WITH YOUR CHILD

Babies are naturally gestural – whether they reach up for a cuddle, bang on their highchair, or clap their hands in excitement, they are predisposed to interacting using their hands. Scientific research has proven that babies are born "connected", meaning that are ready and able to interact. At a "Sing and Sign" class, we teach carers signs through music, which entertains and stimulates the babies. Class sizes are limited to 12 to ensure a sociable and comfortable environment.

Free Taster sessions and classes are available throughout the year at the Bar Hill Octagon and around Cambridge. For more visit: www.singandsign.com, E: singandsigncambridge@yahoo.com, T: 07732 380191.

Total Relaxation
at the farmhouse

The Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY

01954 789 344
Gift vouchers always available

Aromatherapy, Massage
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials,
Manicure & Pedicure, Gel Polish,
Minx Nails
Lash and Brow Treatments
St Tropez Spray Tan, Waxing
Hairdressing

email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

PEASGOOD & SKEATES
THE FAMILY FUNERAL SERVICE

Personal care & attention
24 hours a day by local, qualified staff

Traditional & Contemporary Funerals
Memorials
Pre-Paid Funeral Plans
Off Road Parking

617 Newmarket Road
CAMBRIDGE
CB5 8PA
Please call: (01223) 415255
www.peasgoodandskeates.co.uk

HINCHLIFFE BUILDING SERVICES

Craig Hinchliffe

07944 609868

Bar Hill Resident
over 30years

Local, Honest & Reliable
Free Quotes
Extensions & Conversions
Kitchens & Bathrooms
Driveways & Patios
Windows & Doors
Floor & Wall Tiling
Painting & Decorating

hinchliffebuildingservices@gmail.com

AIRPORT CARS CAMBRIDGE

- Long distance journeys and airport transfers
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- 5 to 8 seater MPV for family holidays
- Cruise terminals & Eurostar
- Visit our website www.airportcars.uk.net

For the most competitive quote call:

01954 782822 / 07411 593527 jamesairportcars@gmail.com

Bar Hill Motors

20, Viking Way (next to Tescos)

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff and equipment

Opening times
Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

☎ 781132

Alan's Carpets

Save £'s Discount prices!

* Home selection Service
* Over 40 Years Experience
* FREE quotes - Priced right
* Extensive range of Quality Samples
* Room sized Roll ends - Carpets & Vinyl
* Orders fitted within days, not months
* Showroom now open at 1 Station Road, Swavesey

Alan Shrimpton

Phone 01954 232298 or 07790 544250

RedLocks Locksmiths

Your local locksmith

Locked out? All locks opened, fitted, repaired and replaced

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047
t 01954 202818
m 07784 240 970
w www.redlocks.co.uk
e info@redlocks.co.uk

Bar Hill's Newspaper Delivery Service

ANY NEWSPAPER, ANY DAY OF THE WEEK DELIVERED TO YOUR DOOR BY 7.30AM.

£1.50 – SATURDAY + SUNDAY
£2.00 – MONDAY TO FRIDAY
£2.50 – MONDAY TO SUNDAY
(PLUS THE PRICE OF YOUR SELECTED PAPER)

SET UP IN 2011 WE DELIVER TO HOUSEHOLDS AND BUSINESSES IN BAR HILL, OFFERING YOU A SIMPLE, RELIABLE SERVICE FOR A GREAT PRICE.

TEL: 07731307083
INFO@YOURLOCALPAPERBOY.CO.UK

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

* FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
* ALL ASPECTS OF FLOOR/WALL TILING
* SUPPLY & FIT OR LABOUR ONLY
* LAMINATE WOOD FLOORING
* FREE QUOTATIONS AND ADVICE
* QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIREMENTS

e-mail: dean.mills2@hotmail.co.uk

COULSON
SERVICES DEPARTMENT

01223 423800

- All forms of electrical works
- Heating installations and servicing
- General home improvements and maintenance
- All aspects of plumbing works
- Bathroom and wetroom refurbishments

enquiries@coulson.co.uk

Gas Safe Register · NICEIC Domestic Installer · OFTEC · Water Safe

KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL
Karndean / Amtico
Altro safety flooring (wet rooms / kitchens)
Laminates and Wood Flooring

FREE Quotation No Obligation

EMAIL: flooringquotes@aol.com

CALL 01954 780570 9:00am-5.00pm

Mob : 07801542378 8.00am - 6.00pm day time

Bar Hill CB23 8TF

ASK IT SOLUTIONS

01954 266012

www.ask-itsolutions.co.uk
info@ask-itsolutions.co.uk

32 Church Street, Willingham, Cambridge, CB24 5HT

ELECSA
Part of the ECA Group

A Barrett Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance And Repairs including testing and inspection

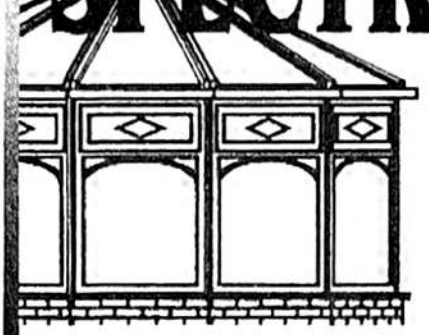
Domestic, Industrial and Commercial

Bar Hill Resident 40 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Testing / Inspections
- Security Lighting
- Call Outs
- Power
- Data Wiring
- Consumer Units
- Heating/Showers

A Barrett Electrical
85 Stonefield, Bar Hill, Cambridge, CB23 8TE
United Kingdom
Mobile: 07735615871
Email – barretts11@msn.com
Elecsa Reg No : EPP32673
Vat Reg No. 258 9429 52

SPECTRUM



CONSERVATORIES
WINDOWS
DOORS

FENSA
Registered Company

MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just of Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:
  Giant, Haro, Mongoose, Huffy & Diamond Back
- Good quality secondhand cycles **always** available
- Plenty of parking

NET
Marago
Carradice
Topeak
Zefal
Brumaire
Wilkes
Cruz Brooks
Squire
Tortec
Spencer
Mavic
Hamax
Odyssey
Bell
Abus
Giant
Claud Butler
Universe
Diamondback
Haro
Continental
Hutchinson

Cambridge Stockist of GIANT

- Dirt suspension specialists
- "Bob's Repairs" cycles at incredible prices
- Bridgestone
- The ever-Ola's versatile alternative to a trailer bike
- Fantastic quality racing cycles at unbeatable prices – phone for details
- All Sutton mail-ordered accessories have cheap mail rates

Quality for less ☎ 276004

Come and visit us; we will make you welcome

SE
stampelectrical

LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls

NICEIC
DOMESTIC INSTALLER

stamp.electrical@ntlworld.com

GROUP FITNESS FOR ALL AGES

SHAPE N TONE
Mons 6.30pm-7.15pm, Church , Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS
Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

OVER 55S CLASS
Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10
CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945
or visit www.bodyinmotionpt.co.uk
Free First Class

Physic
Oakington Therapy Centre
Roger Giddings
Emma Bicknell
Osteopaths
Mike Salt
Sports Massage
01223 237459
www.physic.co.uk - to book online
76 Gilbert Road
Cambridge
CB4 3PD

Early Education & Childcare

Do you pay for childcare for your three and four year old?

From September 2017 Leap and Learn will be offering 30 hours per week free pre-school childcare for all eligible 3 and 4 year olds.

Spaces are filling up fast so get your place today.

Contact us today
info@leapandlearn.co.uk
01954 488081
www.leapandlearn.co.uk

Leap and Learn

'Offering Nursery and Pre-School care in Bar Hill, we are dedicated to providing a complete solution to your childcare requirements and fulfilling all of your families needs'

Steve Jolley
Plastering & Tiling
6 Foxhollow
Bar Hill
Cambridge
CB23 8EP
Home 01954 780445
Mobile 07727 203626

T.N. Walsh (AIP-RP)

Plumbing and Heating

Tel: 01954 780252

Mobile: 07887 561525

All plumbing and heating work,
Acorn Avenue, Bar Hill, Cambs,
including power flushing
CB23 8DT

24 hour service...No call out charges!

GAS safe REGISTER 23354

ciphe Chartered Institute of Plumbing and Heating Engineering 026851

Est. 1989

ARCHITECTURAL DRAWINGS

FOR

PLANNING & BUILDING

REGULATION APPLICATIONS

NEW PROPERTIES, EXTENSIONS,

LOFT CONVERSIONS ETC

CONTACT US now to arrange a FREE on-site meeting at your convenience to discuss your project.

ELY DESIGN GROUP

'Architecture By Professionals'

www.elydesigngroup.co.uk/bhn.php

Tel: 01353 649649 Mob: 07939 158482

mail@elydesigngroup.co.uk

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS

Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL

IJC

we've got your home improvements covered

Visit our NEW website for latest offers

PLUMBING & HEATING

fit a new boiler
upgrade your heating system
annual service for your boiler

BUILDING SERVICES

bathroom & kitchen installation
new build
home renovation

IJC is a family run Cambridgeshire business with over 30 years' experience.

We offer a comprehensive range of domestic and small commercial works across all forms of building, plumbing, heating and renewable services.

call: **01954 782920**

or visit: **www.ijcbuildingservices.co.uk**

45 Viking Way, Bar Hill, Cambridge, CB23 8EL

— WILDLIFE TRUST —
Huntingdonshire Local Group

We invite you to come and enjoy one of the highlights of the English spring by joining our **Spring Flower Walks** at local nature reserves.

As usual we will be visiting **Brampton Wood** where we hope to experience the delightful colour and scent of bluebells in this ancient woodland. We also hope to see celandine, wood anemone and dogs mercury plus some early butterflies.

We are offering two walks – one on **Sunday 23rd April at 10.30am** and a second on **Saturday 29th April at 2.30pm**. Please meet at **Brampton Wood Car Park**, Grafham Road, Brampton. (GR TL 184698.)

We are also offering a walk at **Portholme Meadow** on **Wednesday 26th April, at 7pm**. Portholme is believed to be the largest flood plain meadow in England and has a good-sized population of snakeshead fritillaries at this time of year. Please meet at **Godmanchester Lock at 7pm**. Parking is in Godmanchester and the lock can be accessed via the Chinese Bridge.

Everyone is most welcome to attend. There is no charge, but donations are welcome. For more information please contact George on 01480 450809.

Part of the Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire. Registered Charity No: 1000412.

WILLINGHAM & LONGSTANTON — SURGERIES —

Willingham Reception: 01954 260230;
Longstanton: 01954 207600;
Dispensary: 01954 207602;
www.willinghammedicalpractice.nhs.uk.

Telephone appointment requests are increasing. Please make it as easy as possible for the GPs by keeping your phone to hand. If you do miss their call you'll need to book another appointment.

Travel vaccinations: if you're travelling this summer please check with our Nurses.

Patient parking: please respect our disabled parking bays; only use if you hold a blue badge.

Monday morning surgeries are extremely busy at both sites – please phone after 10am with routine matters.

Out of hours cover: please phone Urgent Care Cambridge on 111 if you require medical attention when we're closed. Remember A&E is for life-threatening conditions or if you are likely to need an X-ray.

Carers support meetings: next meetings are on Wednesdays: 5th April, 3rd May and 7th June. Pop along for free support and advice.

Cambridgeshire hearing clinics: next clinics are on Wednesdays: 19th April, 17th May and 21st June from 2–4pm at Willingham surgery. No appointment necessary. **Foot care clinic at Willingham surgery:** for appointments please phone 01480 301337 or 07807 505534.

RELATE at Willingham surgery: Relate offers counselling for couples or individuals. For more information phone 01223 357424.

Dr Hunt has enjoyed nearly 17 years at Willingham and is looking forward to a new challenge. He is moving to a smaller GP Surgery where he will be able to teach medical students and be involved in medical research. His last day will be Thursday 20th April.

Sharon Unwin, Manager

— BAR HILL ROCKETS (UNDER 12s) —

After losing some key players at the end of last season, the Rockets have endured a tough season in a competitive league. Despite this, and not having won a point, our players have remained positive and continue to play with a smile on their faces.

Against this background the Rockets travelled to Steeple Bumpstead on 11th February. Unfortunately a number of our players were unavailable for this match and we turned up with only seven players (9 a side league). Fearing the worst, and with the snow falling, the Rockets put in a fantastic first half performance to go into half time at 0-0. After two well taken early second half goals for the home side, the Rockets of old may well have capitulated, however, they dug in and showed tremendous spirit to bounce back. Oliver Runham made it 2-1 with a well taken goal, and minutes later he added another to make it 2-2 with fifteen minutes left. The home side finished strongly to win the game but every single Rockets player, exhausted through their valiant efforts, deserved and received all the plaudits from coaches and parents of both sides. Many people believe that winning is not important in youth football – although this is not something I totally agree with, on this occasion. Our coaches told the players the result didn't matter as their effort and performance was outstanding.

The Magnificent Seven that day were :
Lucas Winter-Castillo, Jack Stearn, Christian Simmonett, Jack Williams, Lauren Gratlidge, Oliver Runham, Alfie Pope.

I would also like to thank our parents, who turned out on a bitterly cold day, for their fantastic support.

Two weeks later the Rockets travelled to Linton with a full squad and full of confidence. Having lost the reverse fixture 7-1 earlier on in the season, this would be a good test of how much improvement the Rockets had made. Another impressive first half performance resulted in a 0-0 half time scoreline. Ten minutes into the second half, the outstanding Christian Simmonett curled in a fantastic free kick from twenty yards out – 1-0 to the Rockets. The home side pressed and eventually levelled the scores at 1-1. Both teams had late chances but the game ended in a draw which was probably a fair result. The Rockets were elated at earning their first point of the season, however, a measure of how far they have grown as a team was the fact that they felt they should have won the game. The Rockets coaches are extremely proud of all of the players for their attitude, commitment, and desire to improve. Well done.

Stan and Charlie

BICYCLE REPAIRS & SERVICING 07914 655086

— GIRLGUIDING IN BAR HILL —

Rainbows (5–7yrs); Brownies (7–10yrs); Guides (10–14yrs) all meet weekly; Senior Section (15–25yrs) meets monthly.

Packed with age appropriate activities for girls to participate in and try out!

If you would like to join in the fun, please e-mail us: gg.barhill@icloud.com; or you can register online: https://enquiryym.girlguiding.org.uk.

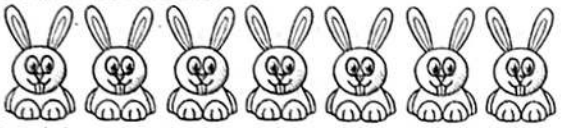
Sarah Rivers, Commissioner

— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place.

We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times.

Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.



Before/after school and holiday care for school aged children is available and leaves the stress out of your busy mornings and evenings.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes and are fully insured. We have access to childcare qualifications including level 3 in childcare. You can feel safe in the knowledge that we all hold Paediatric first aid certificate.

We welcome you to join us and have an informal chat at either of our friendly and inviting 'Little Bunnies' sessions on Tuesday and Thursday mornings from 9.45–11.15am in the Octagon, term time only – (£1.50 for one child under one, £2.50 for one child over one and £3 for 2 or more children). Here we offer a wide range of sensory experiences, activities, stories, singing and more...

Childminders: *(those with currents vacancies are starred)*

Jasanthy	07982 847035* *(mornings 8am–1pm)*
Melanie	01954 204496*
Terri	07846 018714
Kirsten	07906 218070
Jacky	07718 447998* *(5+yrs)*
Kirsty	07584 168909
Mandy	01954 204223
Carol	01954 780238
Karen	07930 196319* *(2 days a week & 5+yrs)*
Janine	07879 613731

ANDY PURVIS — MAD ABOUT MUSIC

Specialising in rare CDs, LPs and music memorabilia. Collections bought and sold, good prices offered. T: 07798 642861;
E: andy.purvis9@btinternet.com
W: facebook.com/madaboutmusic–
stores.ebay.co.uk/cddirect

COUNSELLING IN BAR HILL

Depression, Anxiety, Stress, Bereavement, Addiction, Couples etc.
Experienced counsellor practising at The Maple Surgery. Immediate appointments available. Telephone Mark on 07905 833288, E: info@thecambridgecounsellor.co.uk or visit www.thecambridgecounsellor.co.uk

— BAR HILL CRICKET CLUB —

The preparations are into full swing with just a month to go until the first cricket action of the season at the village green.

As ever, we are playing in the Cambridgeshire Cricket Association Junior League and the Cambridge Business Houses Midweek League. Our first home league match is on Saturday 5th May against Isleham II, while the midweek matches get under way in June. There will also be a selection of Sunday friendlies – see next month's Bar Hill News for more details, or visit our website www.barhillcricket.org.uk.

We will also soon be announcing the start date of our weekly youth training sessions run by head coach Dave Allsopp and his team, and we're planning to enter some local tournaments too! Keep an eye on our website for confirmation of all our plans.

We're always on the lookout for new players of all ages and abilities – phone me on the number below for more details.

Paul Stimpson
01954 201212

— BAR HILL SPORTS & SOCIAL CLUB —

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Thank you to all members who continue to support the club and the events we put on.

What's on in April?

8th Karaoke.
14th **Nicole Lawrence**, and cocktails.
15th Members' draw.
16th Egg hunt and colouring comp winners announced.
17th Xbox Fifa competition for kids. Register from 12.00, start 12.30.
24th Monthly quiz—*cancelled.*
27th **The Mighty Quiz!** Raising money for Alzheimer's. £2.50 per person, max six per team. please register by 25th.
29th Members' draw.
30th **Open Mic Night** – for those budding musicians. From 8pm. Come and show us your talent. Mic, amp and drums available for use.

What's on in May?

7th Pamper yourself. Arbonne and Jamberry nails. From 6–9pm. Expert advice. All proceeds to help fight cancer.
12th Karaoke following the Charity Golf Day.
13th Members' draw.
19th Bar Hill Football Club Presentation Evening followed by a Disco.

Not a Member?

Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. For further information, including opening times, visit our website: www.bhssc.org.uk or tel: 01954 781881, or join us on Facebook at Bar Hill Sports & Social Club.

BAR HILL FOOTBALL PROJECT

3G Astro facility available for hire in Bar Hill.
For more details contact Julie Marin, Bookings Secretary, 01954 781838 or 07770 687437.

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

- Insurance work
- Guttering * Facia Boards
- Garages & Extensions
- Re-roofing & repairs

5-10 year guarantees

Competitive Rates

Prompt Reliable Service

01487 841008 Mobile 07860 680550

37 Greenfields, Earith

ABSOBEAUTI – BEAUTY SALON

Local business in The Brambles, Bar Hill

By appointment only; Monday–Sunday opening.

Call Sharon: 07967 610482

Minx Foil Nails, Manicures/Pedicures, Nail Art/Design.

Shellac/IBD/Geleration Nail Polish *(lasts up to 14 days)*: £19.00

St Tropez Spray Tans: £15.00

Eyelash Lift with free eyelash tint: £20.00

Eyebrow shape and tint: £12.00;

Eyelash tint: £10.00.

– LOVE LIFE –

LOVE SLIMMING WORLD

Join our warm and friendly group at Bar Hill School on Wednesdays at 5.30pm or 7.30pm.

Want to lose weight and never feel hungry?

Call Chris on 07779 287055.

No pills or potions, just healthy wholesome food suitable for all the family.

Website: slimmingworld.com; T: 0844 897 8000

HONEYBEES FENCING COMPANY Fence Erecting, Gate Making, Bird Tables, Hutches. 7-day call out for wind damage. Please contact Lee on 07704 474222; or: leehoneybourne406@btinternet.com

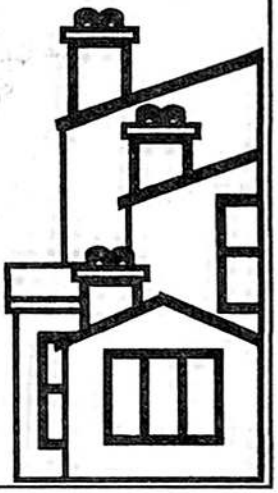
J T Carpentry & Joinery

General Domestic Carpentry & Small Building Work, Kitchens, Bathrooms, Wardrobes, Doors, Architraves, Skirtings, PVCu & Timber Windows, Decking, Security Locks, Stud Walls, Insulation, Glazing, Cupboards.

City & Guilds Apprenticeship served with over 40 years experience.

Telephone **07846 847808**

www.johnnytno1.moonfruit.com



WE KNOW YOUR BUYER

Want to achieve the top price for your property?

Can we help?

01954 781 411

8am - 10pm every day

haart.co.uk

A LOCAL AGENT WITH BUYERS & KNOW-HOW

haart

BAR HILL

UniPlumb

We offer a full range of plumbing and heating services including the following

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations / replacements
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services
For a free quote please call 01954 212553 or email info@uniplumb.com
Alternatively
Visit our office at 117 Highfields Road, Highfields, Caldecote, Cambridge CB23 7NX

Cambs Property Bureau

Looking for a property to rent?
Want to rent out your property?
Call us on **01954 260200**

Email: enquiries@cpbm.co.uk
www.cambspropertybureau.co.uk

Address: Unit 9, Highgate Farm,
Over Road, Willingham
Cambs CB24 5EU

Your old 'G' rated boiler is wasting £450 a year
Installing a new British made 'A' rated boiler will improve comfort and reduce your fuel bills - the longer you leave it the more you will waste!
Call Green Heat your local trusted and recommended heating installer - better value than British Gas according to The Times.
Special offers for 2015
BEST BUY which?
8 GUARANTEE
Green Heat Ltd
PHONE NOW FOR A FREE NO OBLIGATION QUOTATION
01223 277278
www.greenheatuk.com
benchmark
HHIC
energy saving trust
KEEP TRADE LOCAL
WORCESTER

JASON KIRBY

Professional Painting & Decorating Ltd

- All aspects of internal & external decorating undertaken
- Period, residential & commercial properties
- City & Guilds qualified
- Full public liability insurance
- For quality & reliability at competitive rates
- References available
- A local established business built on reputation and recommendations

Dulux Select Decorators

TRUST MARK

Tel/Fax: 01954 211775

Mobile: 07966 174431

info@jasonkirbyltd.co.uk

Andrina Baldock

SAC Dip. FHPP FHPT
Foot Health Practitioner

Providing treatments in all aspects of foot healthcare in the comfort of your own home, including.....

Nail Cut • Callus •
Hard skin • Corn removal •
Fungal Infections • Athlete's Foot •
In growing Toe Nail • Orthotics •
Plantar Faciitis • Leg & Foot Massage

To book your appointment, call Andrina on

07966 571 686
or email
andrinab@btopenworld.com

Register for Foot Health Practitioners Member

K & S SERVICES

Tel: 01954200869
Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling, Fencing

Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED

PROBLEMS?
WITH YOUR EXISTING DOUBLE GLAZING

DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE

- **WE REPLACE** Glass, Locks, Handles, Hinges, Patio Door Wheels, Tilt & Turn Mechanisms
- **WE FIT** Window Opening Restrictors, Cat Flaps, Fly Screens
- **WE SPECIALISE IN** New Conservatories, Windows, Doors

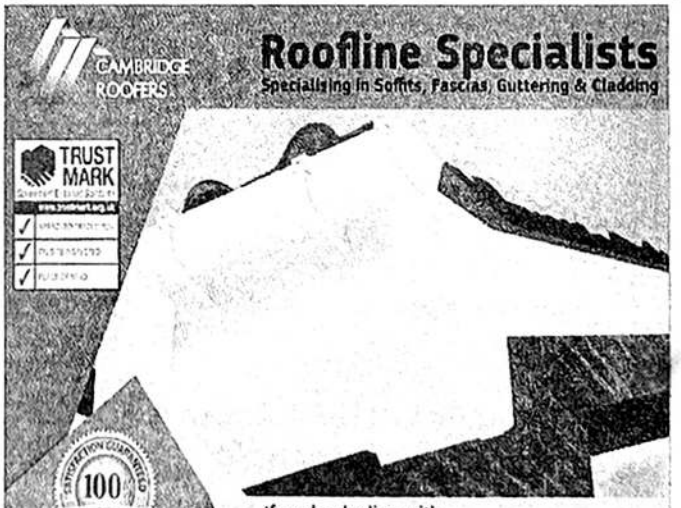
FREE ADVICE / ESTIMATES

SECONDARY DOUBLE GLAZING ALSO AVAILABLE
the WINDOW & DOOR SURGEON
For a Friendly and Efficient Service Please Call:
Phone 01954 201944
Email enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk
2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE
WE DON'T PUSH.....WE DON'T EXAGGERATE ON PRICE ...WE JUST SOLVE PROBLEMS

CAMBRIDGE ROOFERS

Roofline Specialists
Specialising in Soffits, Fascias, Guttering & Cladding

TRUST MARK



If you're dealing with

- Peeling Paint
- Warping & Bowing
- Discolouration
- Signs of Algae
- Rotten or Cracked Timber Work
- Rust Staining
- Water Ingress
- Rot or Moss
- Leaking Gutters

Then call us for a

Our qualified professionals will offer you a non obligatory quotation on the work involved to transform your home with our Roofline products.

01223-782382
www.roofing-cambridge.co.uk

Skatz
HAIR DESIGN
and
Bethan's Beauty Shop

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909
New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez spraytan treatment
- Appointments not always necessary

P & P Home and Garden

Call 01954 782198 or 07954 372516

Email pphomeandgarden@hotmail.co.uk

www.pphomeandgarden.vpweb.co.uk

Friendly and reliable service carried out by local mums

We tailor our services to suit your needs, Fully Insured

We offer:

- **Cleaning Service**
- **Washing and Ironing Service**
- **Lawn mowing Service**

Weekly, fortnightly and monthly.
No job too small.

ENTIRE

GAS safe REGISTER

Water Safe

safecontractor APPROVED

The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance
Tel: 01954 204044 • Web: www.entiregroup.co.uk
Email: service@entiregroup.co.uk

Are you in need of a chiropodist ?

For a professional service in your own home:-

☎ 201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association

— COUNCILLOR NOTES —

Council Tax 2017—you will receive a booklet with your new Council Tax letter. The booklet explains more about the amount each public service charges, along with services provided. Further information is available on the South Cambs website.

New bin day—hopefully all went well for you with the new bin day, I heard that one or two households put all three out – just in case!!

Tenant and leaseholder news —the Handyperson is good news for all Council tenants, please let me know how successful this has been for you, have you found it's good value and you get all those little jobs done.

Voting on 4th May – in person, by proxy or postal vote — there are County Council elections and the first Mayor of the Cambridgeshire and Peterborough Combined Authority. If you are going to be away, you can choose to vote by post or by proxy. Contact details: elections@scambs.gov.uk or T: 03450 455214.

Northstowe —the Cambridge Archaeological Unit (CAU) has been out in force on the Oakington barracks part of the site. Around 10 hectares of top and sub soil has been stripped back for hand excavation and investigation. Events are planned for Spring to let the local community get a closer look at what's being uncovered.

A14 Cambridge to Huntingdon Scheme – Mobile visitor centre —Highways England think it's important that you have access to information. They want to help plan journeys, share possible job opportunities and information on other topics of interest.

As the scheme covers a long and congested section of the A14 they have invested in a mobile visitor centre so they can come to you.

- the centre is a 3.5 tonne vehicle (so village weight restrictions should not apply);
- it has both ramp and step access;
- it would need a space of 8m x 4m to be set up;
- an electricity supply would be an advantage, but not essential as it comes fully self-contained with a generator;
- it's FREE!

They want to visit as many towns, villages, business premises, local events, libraries, community and support groups as possible over the next few years. If you'd like to talk to someone about booking the visitor centre, T: 0800 270 0114 or E: A14CambridgeHuntingdon@highwaysengland.co.uk. Please contact us if you should need any information or queries please do contact us:

Bunty Waters: T: 01954 201421/07734 690580; E: bunty.waters@ntlworld.com

Roger Hall: T: 01954 780304; E: roger.hall90@ntlworld.com

— HEIDI ALLEN MP —

I'd like now to blow the trumpets of our local constabulary! They have recently launched an initiative to tackle parking issues across South Cambridgeshire. They have developed an online form for you to complete to report any parking issues in your area. I think it's a tremendous community focused idea, so please do have a look here: http://tinyurl.com/SouthCambs-Parking.

I cannot believe it is almost a year since we tragically lost Jo Cox, my colleague at Westminster. On 17th–18th June this year, her legacy charity will be promoting "The Great Get Together", a weekend long event which aims to bring us together to celebrate friendship and community. Some of the UK's biggest organisations will be taking part including the Women's Institute, Oxfam and the Royal British Legion. You can find more details at https://greatgettogether.org/ or on her charity website. If you're interested in setting something up, please let me know so I can spread the word, join you, or help in any way. I'd love it if we could have a number of events taking place all over the constituency.

If there is anything I can help you with more generally, please find details of my no-appointment-needed surgeries on my website: www.heidisouthcambs.co.uk/residents-drop-surgeries. I'll be in Swavesey on 18th March and Cambourne on 22nd April. I can also be contacted by email: heidi.allen.mp@parliament.co.uk or on 01954 212707.

CAMBRIDGE GLIDING CENTRE
— OPEN DAY —

Sunday 9th April from **10am–4pm**

All welcome

Come and visit Gransden Lodge Airfield to find out about the sport of gliding. Trial flights with our qualified instructors available on a first-come, first-fly basis, at discounted rates. Refreshments. Free admission. Free lessons in a realistic gliding simulator. Free talks about gliding and the airfield's wartime history.

Airfield entrance is on the B1046 between Little Gransden and Longstowe, opposite Gransden Lodge Farm *(enter* SG19 3EB *into your SatNav).*

More information online at: http://www.camgliding.uk/ or call the office on 01767 677077.

AFFORDABLE PLUMBING

Fixed price small works:

• taps changed/repaired • ball valves changed • cisterns repaired/replaced • • blockages cleared • outside taps installed • • washing machine/dishwasher installation • radiators replaced • trv valves fitted/changed • existing sanitary-ware changed •

All at affordable prices. Free no obligation quotes.

Contact Michael 07850 652838 or 01223 264658;

e-mail: affordableplumbing99@yahoo.co.uk

All work guaranteed. Fully insured.

HOME/PET SITTING

From feed visits to living in.

Police checked and fully insured. Discretion assured.

Tel: Ginny on 01223 232972 or 07980 042601

JH FITNESS ACADEMY

"No goal was ever met without a little sweat."

Come down to your local gym

– it's practically on your doorstep –

We specialise in the following Group Fitness Classes:

- Kettlercise
- Boxercise
- Boot-camp circuits
- Muay thai kickboxing
- Barre fitness

For more information visit www.jhfitnessacademy.co.uk

Bar Hill Pre-School

Registered Charity No. 1076715
http://www.barhillpreschool.co.uk

-- VILLAGE HALL --

01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children.

We offer fully flexible care between **9am–3pm**, for children aged **2–5yrs** and are registered for Nursery Education Funding (NEF) as well as the government scheme **'Funded 2's'**. Please get in touch with Sarah or Michelle to arrange an informal visit.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing **Online Learning Journals** where each parent can follow the development of their child in words and pictures via a secure login. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

FOR SALE

"Callblocker" – stops nuisance calls. Easy to install.
As new. £18.00
tel: 07956 263746

— TESCO COMMUNITY NEWS —

I would like to start with a big thank you to all our customers. Your generosity is amazing.

The beginning of March saw my colleagues pay tribute to the 1980's, with wild hair and fluorescent garb. Tesco are in the 3rd and final year fundraising for The British Heart Foundation and Diabetes UK. With your support we raised £1,548.30. Thank you. To aid our fundraising if you have any unwanted gifts/items suitable for a tombola, or books you no longer require we'd be very grateful. If these could be left at Customer Services Desk please for attention of the community team. Upcoming events are 'Tesco turns pink for Cancer' on 28th & 29th April.

Our Bags of Help scheme is now running continuously and is broadening its criteria, meaning even more community groups can now apply. To find out more go to: www.groundwork.org.uk/ sites/tescocommunityscheme or www.tesco.com/bagsofhelp.

— COUNTY COUNCILLOR REPORT —

Road maintenance is a subject we all have concerns about. The Highways & Community Infrastructure Committee recently received a report on the Council's Transport Delivery Plan [TDP] for 2017/18–2019/20.This is a key component of the Highway Asset Management Strategy which adopts a long term, preventative approach. The TDP shows the Council has the correct approach. It will also support a bid to Central Government's Highways Maintenance Challenge Fund. The current proposal is that a bid will be made jointly by Cambridgeshire County and Peterborough City Councils and will be based upon repairing drought damaged roads in the north of the county. The TDP also shows those schemes that are in the 2017/18 budget. These include Girton Road from Wellbrook Court to Huntingdon Road and completion of the footway/cycleway from Bar Hill to Longstanton.

Slow progress is being made on relocating the **bus stop at Cambridge Crematorium** following the suspension of the original due to A14 upgrade works. It seems that the required health and safety test has been carried out and a location identified, which is likely to be approved. Hard standing has to be created so it is safe for pedestrians and wheelchair users.

The **Wings for Life World Run 2017** will be held in Cambridgeshire on **Sunday 7th May** starting at **midday**. From Parker's Piece, runners follow a route through some of South Cambridgeshire's villages. Details on their website: www.wingsforlifeworldrun.com/en/cambridge

If you'd like to know more about what's happening at the County Council, please let me know and I'll add you to the circulation of the full report I write monthly for parish councils.

Lynda, lyndaharford@icloud.com; 01954 251775; 07889 131022; follow me on Twitter: @2whit2whoo

— LONGSTANTON BOWLS CLUB —

Spring is here and Longstanton Bowls Club is recruiting new members! Do you fancy some gentle exercise on a summer's evening? Everyone is welcome. Don't worry about equipment, the club can assist – just wear flat shoes. Bowls provides an opportunity to make new friends, take gentle exercise and socialise over a "bowls tea" at the end of the match. Our bowls green is located on the recreation ground, between the Longstanton Pavilion and the tennis courts, Over Road, Longstanton.

Monday evenings are for informal practice in a mildly competitive environment – ideal for beginners. We have a certified coach who runs regular sessions for newer players.

The club plays in a number of leagues, some more competitive than others. Away matches give members an opportunity to experience other club's facilities in the Cambridge area.

Most of our league matches start at 6.30pm. This season, for the first time, we have entered a team in the Ely and District afternoon triples league, so there will be over 110 matches this season, plus our regular club nights and internal club competitions. Why not come along and give it a try?

The outdoor season runs from late April to September.

Our **Open Day** on **Saturday 22nd April 2017** from **2pm**, or any Monday evening from 6pm. If you just want to watch, that's fine too.

For more information contact Marion Edwards:
T: 01954 780118, E: marionedwards1@btinternet.com,
W: www.longstanton-bowls-club.co.uk.

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

IS YOUR BOILER READY FOR WINTER?

Sadly, colder weather is just around the corner, before you know it we will all be switching on the central heating.

If you have been considering replacing an old inefficient boiler with a new high efficiency unit, now is the time to do it. Cut your heating costs this year, call IJC for a no obligation quote today.

Not looking to upgrade? Why not flush your heating system and update the controls for more efficiency and smaller bills.

call: **01954 782920**
or visit: **www.ijcbuildingservices.co.uk**

IJC

IJC is a family run Cambridgeshire business with over 30 years' experience. We offer a comprehensive range of domestic and small commercial works across all forms of plumbing, heating and renewable services.

Tees Law

www.teeslaw.co.uk
01223 631814

Tees Law is a trading name of Stanley Tee LLP regulated by the Solicitors Regulation Authority. Registered in England and Wales number OC327874.

A. Denton

Painting & Decorating

High Quality

INDUSTRIAL

COMMERCIAL

DOMESTIC

102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954 782472

URBAN CAR COMPANY

QUALITY USED CARS

- ☆ All Cars Multi Point Checked
- ☆ Finance Arranged
- ☆ Extended Warranties
- ☆ Cars Bought for Cash

Your local car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING

INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004

TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com

Ash Croft Veterinary Surgery

HARDWICK
169 St Neots Road, Hardwick
Cambridgeshire, CB23 7QJ
Tel: 01954 210250

Monday - Friday - 8.30 to 10.30am & 4.30 to 7.00pm
Saturday - 9.00 to 11.00am
Sunday - 10.00 to 11.00am

PAPWORTH
Unit 1, Pendrill Court, Ermine Street North
Papworth Everard, Cambridgeshire, CB23 3UY
Tel: 01480 831615

Monday, Wednesday, Friday - 11.30am to 1.30pm
Saturday - 12.00 to 1.30pm

Consultations by Appointment Only

www.ashcroftvet.co.uk

Andy's Kars Ltd

For Quality Servicing & Repairs
6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk **Tel: 01954 782666**

In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles

Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

Honest advice with a smile, we go the extra mile!

— APRIL BULLETIN —
CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Cambridgeshire Fire and Rescue Service (CFRS) is proud to announce reaching 1,000 Safe and Well visits. Launched last summer to support the safety and wellbeing of the most vulnerable residents in the community, CFRS developed the Safe and Well model to offer a holistic approach to supporting people living in their own homes. Building on the previous work of Home Fire Safety Checks, the Safe and Well visit encompasses a range of other areas including preventing falls in the home, monitoring alcohol use and consumption, staying well, warm and nourished at home and crime reduction including fraud and scams. The Safe and Well visit provides sufficient information to support individuals and, with consent, to refer individuals to selected partner agencies, who will be able to support them further.

No Smoking Day was on 8th March. Smoking is one of many factors that makes us more at risk of fire, for example when combined with poor mobility, health problems or being elderly.

Here are some tips to take on board or give to friends and family that smoke:

Never leave a lit cigarette or pipe unattended.

- Always use a proper ashtray and make sure the contents are cold before you tip it in the bin
- Never smoke in bed and avoid smoking in a chair if you are likely to fall asleep
- Most importantly, fit a working smoke alarm and test it regularly. **Don't forget also to test the smoke alarms of those you love.**

Our Safe and Well visit incorporates smoke alarms as part of a comprehensive list of checks. For more information please visit our homepage at: www.cambsfire.gov.uk and click on Safe and Well visits. You can also find us on Twitter, Facebook and Instagram.

...did you know ...

A Boeing 747 aircraft holds more than 210,000 litres of fuel, and has a wingspan longer than the Wright Brothers' first flight?

— SCAM OF THE MONTH —

Payment diversion alert

Fraudsters are emailing members of the public pretending to be the tradesman who has recently done work at their property. They use a similar email address to the genuine tradesman and ask for payment by bank transfer. The scam victim later realises they have been deceived when the genuine tradesman submits their bill.

Protect yourself:

- Always check the email address is exactly the same as previous correspondence with the genuine contact.
- Verify the validity of the request with a phone call to the person who did the work.
- Poor spelling and grammar could indicate the email is not genuine.
- Bank transfer offers no financial protection; consider alternate methods such as credit card, PayPal or cheque.

If you believe you have been a victim of fraud report it to www.actionfraud.police.uk/report_fraud or tel. 0300 123 2040. Action Fraud can give advice on protecting yourself from all sorts of scams.

BAR HILL SCHOOL

tel: 01954 273305; fax: 01954 273306;
e-mail: office@barhill.cambs.sch.uk
website: www.barhillschool.co.uk

So far this term we have enjoyed a very busy few weeks. We were excited to have the BBC in filming some of our Year 3/4 children who then had a five minute slot on BBC Breakfast about teaching through using play in collaboration with the University of Cambridge.

Our Celebrating Reading and Writing Week was great fun and helped us focus the children on the pleasure that comes from books and the written word. Thanks to all parents and carers who supported with book purchases, costume making and the daily reading done with the children. Thanks, as well, to the parents who helped count bounces for books and to the sponsors who supported the children financially for their bouncing.

This time of the year the school starts planning for the next school year, starting with building the school budget. A big issue for all schools in the country is the reduction in funding education has experienced over quite a few years and the further cuts expected.

Over the next few years the school, alongside all other schools, will face funding cuts of 7%-8%. We have to manage these cuts from a very low base given the low level of funding given to Cambridgeshire schools by national funding agencies, but our staff will continue to provide quality teaching for all our children with many exciting things planned for after the Easter holidays.

Finally, a note from **Emily Lewney** on her retirement from the school at the end of March: *"Having worked at the school for the last 20 years I can honestly say I have loved almost every minute. I have seen many children and families pass through the school and I realise how fortunate I have been to be part of such an amazing, happy and fulfilling learning environment. I am looking forward to new waters in April but know I will miss the buzz of the wonderful staff and children that make up Bar Hill Community Primary School. Thanks to all of you who have made this the best job I have ever had!"*

Best wishes

Dr Al Mistrano, Headteacher

— STORYTIME AT BAR HILL LIBRARY —

Stories and pictures, rhymes, songs and craft activities from **10.30am on 8th & 22nd April.**

Small children and their parents or carers are invited to Storytime at the Library. This free event introduces young children to their local library and reveals to them all that is to be gained from learning to read.

RAYNERS OF BARTON

Sectional Buildings Greenhouses, Garages, Workshops, Chalets, Log Cabins, Carports, Summer Houses, Sheds: Concrete, Steel or Wood, Conservatories: Aluminium or Hardwood.

– DOUBLE GLAZING AT ITS BEST –

PVC-U or Hardwood Windows, Doors.

Lance Rayner, Top Field Farm, 16 Cambridge Road, Barton CB23 7AR

Tel/Fax: 01223 262888; Mobile: 07702 669026

— GOLDEN JUBILEE CELEBRATIONS —

Although the 350 acres which comprise Bar Hill became a parish in its own right on 1st April 1966, the village, with its residents and institutions, took shape a year later:

- **24th May 1967**: the first residents, Mr & Mrs Bob Burry, moved into 58 Acorn Avenue.
- **1st October 1967**: members of Bar Hill Church met together for the first time at 19 Acorn Avenue. [Events appertaining to the 50th Anniversary of the Church can be found on pages 6–7.]
- **20th October 1967**: the inaugural meeting of the Bar Hill Residents' Association, attended by seven residents;
- **December 1967**: the Bar Hill News was first published.

The year 2017, therefore, marks the 50th anniversary of when Bar Hill became a village rather than a legal entity. To mark this, a series of events are planned to take place during the year. The list below is a provisional schedule:

Monday 1st to Wednesday 31st May: a display of photographs and documents from the Cambridgeshire Collection and other sources in the library to mark the arrival of the village's first residents.

Saturday 13th May: Bar Hill School PTA Ball

Wednesday 24th May: a special Coffee Stop Jubilee Morning in the **Library** from **10am–midday**.

Monday 5th June: Happy Hours Jubilee Open Day from **12–3pm**. Refreshments provided.

Friday 9th June: Bar Hill School PTA Golden Jubilee Fun Day.

Saturday 1st July: The Bar Hill Golden Jubilee Fête.

Saturday–Sunday 15th–16th July: a Flower Festival in the Church Centre, village organisations are being asked to submit a display. Also, **Memories** – photographs, newspaper cuttings of the history of the village will be on display.

Saturday 12th August: Bar Hill Sports & Social Club Golden Jubilee celebration.

Friday–Sunday, 27th–29th October: a series of events to conclude the end of the Jubilee year.

- *Bar Hill Scouts* will organise a Jubilee event.
- *Bar Hill Cricket Club* will be putting on a special match, possibly against an Umpires Eleven.

Merchandise of varying descriptions will be on sale at various points in the village during the year.

OPTIMUM DETAIL

"Bespoke detailing and car care"

From full in-depth valets to specialist machine polishing. Call today on 07717 231111 to discuss how Optimum Detail can improve your vehicle's appearance; or e-mail info@optimumdetail.co.uk

EXCLUSIVE GARAGE DOORS

Your Local Garage Door Company

• Garage Door Repairs • Quality Garage Doors • Spares •
• Automation Systems • Up & Over Doors • Insulated Roller Doors • Sectional Doors • Installation Service •
• Cardale & Novoterm •

All Makes Supplied and Installed.
All Work Guaranteed. Free Site Survey.
Covering Cambridge, Huntingdon and Surrounding Villages.
Friendly Local Service – Established since 1995.
Tel: 01954 781805;
e-mail: exclusivegaragedoorscambs.gmail.com
22 The Fairway, Bar Hill, CB23 8SR

— FRIENDS OF THE ROSIE —

The Friends of the Rosie Hospital would like to wish all our customers a Happy Easter.

We help make the Rosie a more comfortable environment for mothers and babies. We would like to thank customers at all our recent stalls – our income for 2017 is already at £317.

Upcoming Stall dates this spring

Tea Bar, Rosie Hospital Outpatient Clinic Monday–Friday 9am–4pm;

Sunday 2nd April 10am–12.30pm: 10K race and Fun Run at the Marketing Suite, Cambourne;

Tuesday 4th April 10am–4pm: Outpatient Foyer, Addenbrooke's Hospital.

If you have any toy stuffing or yarn we are in urgent need of your donation. For up-to-the minute information follow Rosie in Stitches Facebook page.

If you can organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares, please contact a member of the committee. Details are on our website: www.rosieinstitches.org.uk.

Thank you for your continued support.

— BAR HILL SCHOOL —

PTA Dates for the Diary:

Sat. 13th May – Jubilee Ball – *see front page*;
Fri. May 26th – Cake Stall after school;
Fri. 9th June – PTA Fun Day on the school green – *from 3pm*;
Sat. 15th July – Year 6 Leavers Prom;
Fri. 21st July – End of Year School Disco.

The PTA is always looking for new members.

If you would like more information on joining, or on any event, please e-mail em.spenceley@hotmail.co.uk

— BAR HILL TENNIS CLUB 2017 AGM —

Thursday 6th April 2017 at 7.30pm in The Fox Public House

We remain desperate for new members to help ensure the survival of the Club so before the new season begins, we invite all existing and potential new members to our Annual General Meeting.

Everyone is welcome even if you are just interested in hearing more about the Club. If you are unable to attend but would like more information please contact Paul Chubbuck on 01954 781688.

We invite all current, lapsed and new members to come along and play on the courts. Please encourage your family, neighbours and friends to come down to our club social nights to play some tennis. We welcome players of **all** abilities. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment.

Our Adult Club nights are Tuesdays & Thursdays 7–9pm and Club nights start **Tuesday 18th April**. We look forward to seeing you!

CONTACTS:

Paul Chubbuck, Secretary, T: 07983 435104,
E: paul.chubbuck62@gmail.com;
John Suchocki, Treasurer, T: 01954 780461,
E: j.suchocki@talktalk.net;
For more information give us a call or visit our website:
www.barhilltennisclub.co.uk

FINBOW FRAMING (inc Warwick Fine Art Prints)

We provide a local, friendly and bespoke framing service.
Framing for paintings, photographs, Tapestry, Certificates, Memorabilia etc

Warwick Fine Art Prints now have a stock of over 1000 antique prints and maps, many of Cambridge. These are available simply mounted or framed. We can also provide restoration work on damaged items.

Please feel free to get in touch with Julian on 07952 295861
www.finbowframing.co.uk
finbowframing@hotmail.com

Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com

Jim Edwards

Gas appliances, Plumbing and Heating

Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly service. Fully Insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk

my straw garden

Growing your own fruit and vegetables couldn't be easier with a straw bale garden.

Low Maintenance · Educational · Space Efficient

Visit our website for more information!

www.mystrawgarden.co.uk

07956 857651 info@mystrawgarden.co.uk

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

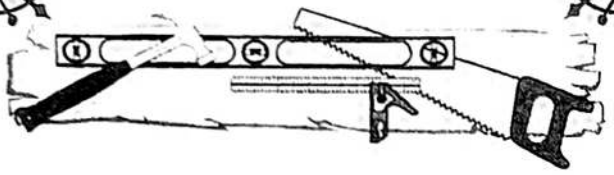
Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority



DAH Carpentry & Joinery Ltd

Tel: 01480 432275

Mob: 07788 428580

In need of any work doing around the home, but haven't got time to do it ?
Then look no further ...

- ★ Carpentry & Joinery
- ★ Windows & Doors
- ★ Exterior Finishes
- ★ Roofing
- ★ Home Security
- ★ Conservatories
- ★ Loft Conversions
- ★ Home Extensions

No job too large or too small
Quality work at realistic prices

Rothwell's
Carpet Cleaning

Carpet Cleaning

& Stone Floors, Upholstery, Rugs
A few points that make us stand out

Rothwell's has been in business since 1993
We're an honest local family firm.
Our large truck mounted machines mean more cleaning & drying power for excellent results.
Members of both the NCCA and TACCA.
We will move the furniture.
100% satisfaction or it's FREE.

NCCA NATIONAL CARPET CLEANERS ASSOCIATION
M2391

Call Oliver and Max Campbell for expert help today.

01223 832 928 www.Rothwells.biz

M & M
Heating & Building Services

- Full Gas & Oil Boiler installation
- Full Heating Systems
- Boiler Servicing and Landlord Certificates
- Power Flushing
- Full Bathroom Design & Installation
- All Plumbing Works Large and Small
- Extensions, Alterations and Repairs
- Refurbishment and Renovations
- Kitchen Design and Installation
- All Carpentry Works

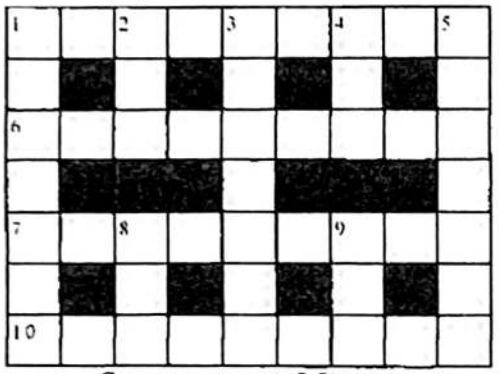
OFTEC

01223 691599
07766 281962/07832 261791
info@mandmheating.co.uk
www.mandmheating.co.uk
Gas Safe Register
10 SOUTH ROAD, IMPINGTON, CAMBS, CB24 9PB

— APRIL CROSSWORD —

Across: 1. good start to a meal, 6. special plate for the Passover rite (5,4), 7. plant with Mediterranean edible fruits (5,4), 10. mistaken thoughts.

Down: 1. flee, 2. natural container for beans & peas, 3. aims, 4. for travelling on ice, 5. repairs shoes, 8. unwell, 9. recent Olympic venue.



Solution for March

Across: 1. March hare, 6. quadrille, 7. economise, 10. nefarious.

Down: 1. McQueen, 2. RNA, 3. harbour, 4. all, 5. eyelets, 8. off, 9. Ibo.

— BIN COLLECTION —

New collection day: **THURSDAY**

6th April black
13th April green and blue
Saturday 22nd April black
Friday 28th April green and blue
Friday 5th May black
11th May green and black
18th May black
25th May green and black

Crazy Dog-Walking Lady

Available on Wednesdays and Thursdays:
£10 per hour.
Please contact Sarah on 07913 690021.
I have a diploma in Animal Behaviour.
DBS *(formally CRB)* checked.
Insured with PetPlan Sanctuary.

— USEFUL TELEPHONE NUMBERS —

Out of Hours Medical Emergencies		111
Police Non-Emergency		101
Allotment Society	*Rob Lawrence*	07788 590348
Bar Hill Church	*Minister: Charles Mather*	01954 277119
	Church office	01954 206120
Bar Hill School		01954 273305
Bar Hill Community Car Scheme		07496 465330
Bar Hill Cricket Club	*Paul Stimpson*	01954 201212
Bar Hill Sports & Social Club		01954 781881
Cambridge Fire & Rescue Service Helpline		0800 917 9994
Coffee Stop, Knit & Natter, Holiday@Home	*Sue Kenchington*	01954 780260
Community Market	*Karen Austen*	01954 781085
Conservative Party	*Iris Lay*	01954 205265
County Councillor	*Lynda Harford*	01954 251775 07889 131022
Councillor, Parish Council, Residents' Association, Bar Hill News Advertising	*Bunty Waters*	01954 201421 07734 690580
Councillor, Parish Council, Residents' Association	*Roger Hall*	01954 780304
Happy Hours	*Anne Plumb*	01954 780364
Health Walks	*Josephine Powell*	07901 558108
	Patricia Daniels	07917 874402
Heidi Allen MP	*Office*	01954 212707
Liberal Democrat Party	*Andy Pellew*	07814 871752
Library – renewals & enquiries		0345 0455225
GP Surgeries	*Maple*	01954 780442
	Over	01954 231550
	Over Pharmacy	01954 233457
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
	Willingham & Longstanton Dispensary	01954 207600
Neighbourhood Watch	*Pam Vendy*	01954 201001
Over Day Centre	*Sarah Peck, Manager*	01954 231807
Parish Council Office	*Sue Bell, Parish Clerk*	01954 780456
Post Office		01954 789285
Pre-School		01954 782892
Royal British Legion, Health & Wellbeing at Tesco	*Wendy Arrowsmith*	01954 781381
Samaritans		01223 364455
Swavesey Village College		01954 230366

— APRIL PUZZLE —

Form nine, nine letter occupations in groups of three letters, in alphabetical order.

A	N	D	I	S	T	R	A	C						I				
A	R	C	I	S	T	R	A	P					T	M				
B	O	O	K	E	R	S	A	C				C		N				
D	R	E	K	E	R	S	I	G		A				M				
E	U	R	K	M	A	S	T	A	S					A				
E	V	E	L	I	N	T	H	E	S	T	A	G	E	H	A			
G	E	H	M	A	N	T	M	A						A				
H	I	V	N	A	L	V	I	O						I				
I	S	T	O	N	T	W	O	O						R				

Solution for March: ACCRETION, BARRISTER, CUSTODIAN, DISCHARGE, GARNISHEE, INDENTURE, REMISSION, STIPULATE, VEXATIOUS.

— OVER SURGERY —

1 Drings Close, Over CB24 5NZ
T: 01954 231550;
E: admin.oversurgery@nhs.net
Pharmacy: T: 01954 233457.

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings.

They are usually held on the first Tuesday of the month at 8pm in the Parish Council office. Next meeting: **4th April.**

— EVENTS CALENDAR —

date	*event*	*where*	*time*
28 March	Bar Hill Book Club *(page 3)*	The Fox	7pm
30 March	NWR – Black *(page 3)*		8pm
1 April	Community Market *(page 3)*	Octagon	10.30am–2pm
3 April	Happy Hours – NO meeting *(page 3)*	Octagon	11am–3pm
4–6 April	Holiday at Home *(page 6)*	Octagon and Church	9.30am–3.30pm
4 April	Rosie stall in Outpatient Foyer *(page 26)*	Addenbrooke's	10am–4pm
6 April	Bar Hill Tennis Club AGM *(page 26)*	The Fox	7.30pm
8 April	Storytime at the Library *(page 25)*	Library	10.30am
8 April	Karaoke at the Social Club *(page 26)*	BHSSC	
9 April	Cambridge Gliding Centre Open Day *(page 21)*	SG19 3EB	10am–4pm
10 April	Happy Hours – Easter Arts and Crafts *(page 3)*	Octagon	11am–3pm
11 April	Health & Wellbeing Club *(page 3)*	Tesco Community Room	2–4pm
13 April	NWR – planning meeting *(page 3)*		8pm
14 April	Singer – Nicole Lawrence, and cocktails	BHSSC	
15 April	Olive Tree coffee morning *(page 6)*	Octagon	10.30am
17 April	Xbox Fifa competition for kids *(page 26)*	BHSSC	1200
17 April	Happy Hours – NO meeting *(page 3)*	Octagon	11am–3pm
19 April	Ollie King in Concert *(page 1)*	Church	7.30pm
22 April	Storytime at the Library *(page 25)*	Library	10.30am
22 April	Longstaton Bowls Club open Day *(page 22)*	Recreation Ground	2pm
23 April	Wildlife Trust walk in Brampton Wood *(page 15)*	meet in car park	10.30am
24 April	Happy Hours – 'Best of English' *(page 3)*	Octagon	11am–3pm
25 April	Bar Hill Book Club *(page 3)*	The Fox	7pm
27 April	NWR – the power is in your hands! *(page 3)*		8pm
27 April	The Mighty Quiz! Raising money for Alzheimer's *(page 26)*	BHSSC	
29 April	Cambridge Food Market Festival *(page 1)*	Village Hall	11am–5pm
29 April	Wildlife Trust walk in Brampton Wood *(page 15)*	meet in car park	2.30pm
30 April	Open Mic Night for budding musicians *(page 26)*	BHSSC	
1 May	Happy Hours – NO meeting *(page 3)*		
5 May	Bar Hill Cricket Club first home league match *(page 16)*	Village Green	
6 May	Bar Hill Church Art Group Exhibition *(page 1)*	Church	10am–5pm
6 May	Community Market *(page 3)*	Octagon	10.30am–2pm
7 May	Pamper evening *(page 26)*	BHSSC	6–9pm
11 May	NWR – talk from a Cambridge Blue Badge Guide *(page 3)*		8pm
11 May	Annual Parish meeting *(page 5)*	Octagon	7.30pm

APPLETREES PLUMBING & HEATING

94 Appletrees, Bar Hill CB23 8SW.
City & Guilds Qualified; Gas Safe Register number: 564278.

All types of domestic plumbing, heating and gas work undertaken, including boiler installation and servicing; radiator installation and moving; heating system updating and installation; heating system cleaning and power flushing; inspection and certification; bathroom installation; appliance installation; tap repairs; toilet repairs; install and repair water storage tanks; underfloor heating.

City & Guilds Qualified
T: 01954 789039 or 07880 366689;
E: info@appletrees.plumbing
W: www.appletrees.plumbing

Total Relaxation at the farmhouse

— VACANCY —

We are looking for a part-time, motivated therapist, either part or fully qualified in holistic and beauty therapy.
If you are interested, please apply in writing with a full CV to: The Farmhouse, Gladeside, Bar Hill;
E: total.relaxation@ntlworld.com.
For an informal chat, call 01954 789344.

BAR HILL BABY AND TODDLER GROUP

Wednesdays and **Friday** (term time)
9.45–11.15am in the **Octagon**.

Ordinary session price includes children's snacks, drink, craft, play and adult tea/coffee.
Under 1: £1.50; Over 1: £2.50; Family: £3.50.

...did you know...
10% of the world's food supply is consumed by insects?

AWARENESS BALANCE CHOICE

dhiverse sexual health matters

Do you know of anyone with a learning disability/difficulty who may need our help?

Our ABC Programme, within Dhiverse, works with people with learning disabilities and difficulties around healthy relationships. We cover • relationships • being assertive • • communication skills • keeping safe • staying safe online and in the community • sexual health •
We offer tailored 1–1, couples and group sessions and our service is free of charge. We provide our service within Cambridge and nearby out of county areas. Please call our ABC Team: **01223 508805** for further information.
Reg. No. 1058307.